

Zahedan University of Medical Sciences



Faculty of Nursing & Midwifery

Department of Nursing Management & Nursing techniques

### Course Plan

**Name of the course:** Patient Education (individual, family, society), first semester of 2023-2024

**Educational Department:** Nursing Management and Nursing Techniques

**Instructor:** Azizollah Arbabiarjou, Associate Professor, Academic Member

**[https://isid.research.ac.ir/Azizollah\\_Arbabisarjou](https://isid.research.ac.ir/Azizollah_Arbabisarjou)**

**Name of the course:** Principles of Patient Teaching (Education to person, family and Community))

**Field and level of education:** Second semester - Bachelor of Nursing

**Date and time:** Saturday:15.30- 17.30 Number of Credits: 1 Credits

**Kind of Credit:** 0.5 theoretical and 0.5 practical ,

**Teaching Methods:** Lectures, questions and answers, and group discussions are used for teaching.  
VIDEO PROJECTOR

**Class Location:** Faculty of Nursing and Midwifery, Second floor, class NO. 104 , <https://zfnm.zaums.ac.ir>

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**Main Objective:** Introduction of Nursing Students to basic and concept of Patient Teaching, Principle of Teaching and learning, plan a teaching program for (patient, group and family) at hospital/ community

Behavioral objectives: After completing this course, the students will be able to:

At the end of the course, students can:

- 1- To state the principles and key concepts in education
- 2- Compare learning, education and teaching.
- 3- List the obstacles to learning.
- 4- List the factors that facilitate teaching.
- 5- Explain the principles of learning and its theories.

- 6-Describe the domains of learning (cognitive, emotional and psychomotor) with examples.
- 7- Explain the three behavioral goals according to Bloom classification by citing examples in a table.
- 8- State the steps of developing an educational program for clients.
- 9- Explain the methods of evaluating the learning rate in learners and patients with examples.
- 10- Express important points of designing multiple choice ( MCQ) and Essay questions.
- 11- Describe the educational goals (general, specific and behavioral) with examples.
- 12- Describe communication skills in patient teaching.
- 13- Explain the role of educational media (educational technology) in teaching the patient.

### **Patient Education(Practical). 0.5 Credits**

- 1- Write the objectives (Main , Specific, behavioral ) for a disease, drug, laboratory test and procedure to a patient.
- 2- Teach five hospitalized patient in general wards (Medical- Surgical).
- 3- Write MCQ for lesson in other classes for nursing students.
- 4- Have a 10 minutes' lecture in classroom.
- 5- Evaluate a teaching of a colleague in the classroom through a Teaching Evaluation Form.

### **How to evaluate students:**

- 1 - Participating in group discussions and answering questions in the classroom, 0.5 Score
- 2- Final exam (summative Evaluation) 10 Scores (for theory part)
- 3- Taking history from the patient in the hospital and BEDSIDE TEACHING 4 Scores
- 5- Presentation of educational goals in class 2 Scores
- 6- Teaching content to the patient in hospitals 1.5
- 7- Type of questions: MCQ and Essay from a lesson ( Medical –Surgical Nursing) . 2 Scores

### **References:**

- 1- **Nurse as Educator:** Principles of Teaching and Learning for Nursing Practice by Susan B. Bastable , 2006.
- 2- Mosby's Handbook of Patient Teaching 3rd Edition by Mary M. Canobbio RN .
3. Essentials of Patient Education, Susan Bacorn Bastable Jones & Bartlett Learning, 2006

